



Days for Girls  
AUSTRALIA

*The following is an explanation, written by Beverley de Meur, of What Days for Girls is and what it can achieve. Hopefully we can give girls and women a small gift that will help them, essentials that we might take for granted but that they cannot afford or access. Paulineke*

What does the name **Days for Girls** stand for! The answer is, it allows girls in developing and third world countries to have access to feminine hygiene products. Which means they don't have to miss **days** from school or work.

These girls are empowered through education, which will bring greater understanding to individuals, leaders and communities, of the value of women, for the good of all.

I firmly believe that **Days for Girls** is an excellent service project for anyone or organisation wanting to help in areas of women's issues, eg: poverty, female education and even environmental sustainability. There are various ways to get involved in supporting this very important work. We welcome and support all volunteers in whatever way they can assist in helping **Days for Girls** achieve their goals, in making a difference to these girls lives.

My name is Beverley de Meur and I live at Oatley and have been involved with **Days for Girls** since October 2013. I cannot believe how quickly it has spread around Australia and how willing people are to get involved with this amazing distribution of feminine hygiene products.

Australian volunteers have make and sent over 2000 kits to 22 countries in the last 18 months. If you check the website [www.daysforgirls.org](http://www.daysforgirls.org) you will see there are many more being sent from the USA, Canada, UK, Philippines and they have started up chapters in some of the developing countries to become self-sufficient.

**Days for Girls**, started in the US five years ago, is a not for profit organisation, where it is a registered charity, something **Days for Girls** is currently working on, but it is a long process.

Kits are sent to the developing countries with Australian women as excess luggage, who are travelling either for business, pleasure or working for missions and have the opportunity to meet with local women/girls in need.

Since we are not yet a charity, donations given by individuals are used to purchase materials or components that make up the kits eg: undies, ziplock bags, washers, soap and safety pins and help towards the cost of postage or transport (which is our biggest cost) in getting the kits to the point where they leave Australia for overseas destinations.

Kits are distributed free of charge to all those girls in need, with cost borne by the volunteers and supporters of the many chapters and teams around the world.

Days for Girls' goal is to improve the lives of young girls and women with their personal hygiene, health and education in developing and third world countries. eg East Timor and PNG our near neighbours.

Kind Regards,

*Beverley de Meur*

Days for Girls

St George - Oatley